

A partnership between Manchester City Council and NHS Manchester CCG



MANCHESTER

CITY COUNCIL

Respiratory Referral Criteria

All referrals to contain

- Reason for referral
- Clinical question being asked
- Smoking history

Secondary Care Respiratory Referrals for Consultant Opinion

COPD

- Respiratory history
- MRC breathlessness score
- Exacerbation history (last 12 months) plus admission history
- Up to date medication list
- Most recent spirometry

Asthma

- Respiratory/ allergy history
- Exacerbation history (last 12 months) plus admissions history
- RCP 3 questions
- Occupational history
- Up to date medication review
- Number of courses of steroids / antibiotics prescribed in the last 12 months
- Number and name of inhalers prescribed in the last 12 months
- Optimised on medication as per GMMMG guidance
- Recent PEFR and spirometry
- FBC (historical test is sufficient)

Chronic Cough (defined by cough lasting > 8 weeks)

- Recent CXR
- Respiratory/ atopic history
- Stop ACE-I and review after 3 months
- List of medication trials and duration:
 - Suspected post-nasal drip or allergic rhinitis: trial of steroid-nasal spray +/antihistamine (6 weeks)
 - > Suspected reflux related cough- BD PPI plus ranitidine 300mg at night for 8 weeks
 - Suspected asthma confirm diagnosis. 30mg Prednisolone for 10 days and an 8 week trial of inhaled steroid 200mcg bd (BDP equivalent), assess response
- Recent PEFR and spirometry
- FBC
- NorthWest Cough Network pathway embedded here:



Breathlessness

- History- including full cardiac history
- Bloods including FBC (consider BNP if available)
- Recent CXR (within 1 month of referral date)
- Recent spirometry
- FBC, U&E, TFTs

Sleep clinic

- Epworth Score (clear reason for referral if Epworth score is <11)
- Recent BMI and collar size (within the last 1 month)
- Driving (licences held)
- Occupation
- FBC/TFT

Manchester Integrated Lung Service (MILS)

All MILS Referrals

If NEW to the MILS service require the most recent spirometry as confirmation of COPD diagnosis

MILS - Pulmonary Rehabilitation

- Disease COPD, ILD, Bronchiectasis
- MRC score
- Recent spirometry
- Patient has consented to exercise
- No unstable cardiovascular disease
- Medical history

MILS - Chronic support

- Recent spirometry
- Medication list

MILS – Oxygen

- Disease
- Pulse oximetry at rest and on exercise
- Referral for LTOT or AMB

MILS – Urgent Referrals

Patients with an exacerbation of COPD who require MILS support to prevent hospital admissions - Please note that this is for patients requiring to be seen on the day. Please do NOT process via The Care Gateway but contact the services directly.

<u>Urgent</u> referrals to the Manchester Integrated Lung Service

Locality	Contact telephone number	Contact email	Hours of operation
Manchester Foundation Trust – South	0161 998 7070 Request to speak to a member of the Manchester Integrated Lung Service.* Switchboard will contact the service. *The service was previously known as CRT.	<u>Smu-tr.communityrespiratoryteam@nhs.net</u>	8.00 am – 6.00 pm 7 days per week
Manchester Foundation Trust – Central	0161 276 6035	centralmanc.copdteam@nhs.net	8.30 am – 4.30 pm 7 days per week
Pennine	0161 720 4709	Pah-tr.aras.team@nhs.net	9.00am – 5pm 7 days per week